

Reston-Herndon Area Branch

AAUW of VIRGINIA



Vol. XL Issue 7 <http://www.aauwofva.org/branches/reston.htm> March 2010
 Read this newsletter "online" and use the hyperlinks to access the WEB directly.

President's Pen

Carol Hurlburt schurlburt@verizon.net 703/264-9054
 Stephanie Abbott syabbott@verizon.net 703/476-4513

Dear Members,

Equal Pay Day is coming on Tuesday, April 20, and AAUW members and supporters across the country are planning events to mark this symbolic day when women's wages finally catch up to men's wages from the year before.

More than 46 years after passage of the Equal Pay Act, women continue to earn only 77 cents on the dollar compared to their male counterparts. Minority women face an even larger wage gap. Pay disparities affect women of all ages, races, and education levels—regardless of their family decisions. Equal Pay Day is a great time to organize events and actions to engage and inform the community about wage discrimination and the work being done to end it.

Some additional facts about pay equity:

- Women are now 50 percent of the U.S. workforce.
- It has taken 40 years to close the pay gap by just 12 cents.
- Just one year out of college, working women already earn less than their male colleagues, even when they work in the same field with the same degree.
- At ages 66 and older, women are twice as likely as men to be poor.

(Presidents Pen... continued on page 2)



STATE CONVENTION:
April 23-25, 2010
at Hyatt Fair Lakes

State Convention General Information

The deadline for state convention registration at \$125, including all meals, is April 2. The fee will be \$150 after April 2. You should have received a registration form and convention details in the recently-mailed issue of Virginia Vision, but a registration form is also available at www.aauwofva.org, along with a complete schedule of

(State Convention...continued on page 5)

MARCH BRANCH MEETING

Branch Luncheon & Annual Business Meeting with Election of Officers

Saturday, March 20th, 11:30 AM

at Montmartre Café, Lake Anne Plaza (1625 Washington Plaza North, Reston)

Speaker: **Kimberly Bohince**, AAUW Fellow and GMU graduate student who will talk of her personal experiences working with women while in the United States Peace Corps and her professional experiences working with HIV-positive women as well as women leaders throughout sub-Saharan Africa.

\$16.00 includes entree, coffee, tea or soda, and all gratuities. You may select your entree when you arrive.

Entree choices include:

- Crab quiche or Quiche Lorraine with salad
- Hamburger with fries and salad
- Salad Nicoise
- Full Monty Sandwich with Caesar Salad

Please call or email Carol Van Evera to make your reservation **by Thursday, March 18**, or respond to the e-vite. [\[cvanevera@cox.net\]](mailto:cvanevera@cox.net) (703)759-5543

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Here are some ways you can get involved with Equal Pay Day on Tuesday, April 20:

- Visit AAUW's Pay Equity Webpage and use AAUW's talking points about the Paycheck Fairness Act and your state's wage gap data to write a letter to the editor of your local paper. Find out if your senators are cosponsors, and if they're not, urge them to get on board.
- Show your senators the Face of Pay Equity! Upload a picture of yourself to send with your message urging them to quickly move the Paycheck Fairness Act, a much-needed update to the Equal Pay Act.

Share your thoughts about pay equity on AAUW Dialog, Facebook, and Twitter.

■ Candidates Proposed for Branch Offices

The following slate of officers for 2010-2012 is presented by the branch Nominating Committee for election at the annual meeting to be held on Saturday, March 20, at 11 AM at Café Montmartre. At that time, nominations may also be made from the floor, with the prior consent of the nominee.

Co-President: Judy Helmich



Originally from western Pennsylvania, Judy received a BS from Bethany College, WV, in mathematics and economics, and MPA from New York University. She moved to Reston in 1975 with her husband, Hank, and son, Harry. Hank had studied the planned community of Reston

in undergraduate school as an urban studies major and they decided to move here after finishing their masters' program at NYU. Daughter Rachel was born in 1976. Judy retired from Fairfax County's Department of Information Technology in 2002 as an IT Program Manager and held a couple of part-time jobs since then, but recently returned to retirement. She is active in her church and in political activities and, since joining AAUW in 2001, she has served twice on the board, as co-vice president for both membership and programs. She participated in the branch mentoring program at Forest Edge for several years as a mentor/substitute, and works on the GEMS program and Adopt-a-Spot. Judy's husband passed away in 2006. Her son and daughter, who is getting married in March, both live in the area and she enjoys spending time with her grandchildren.

Co-Vice President for Programs: Cyndi Shanahan



Cyndi returned to our branch two years ago after an absence of several years. While a member in the mid-90s, she served as branch treasurer. Cyndi earned a BS from Jacksonville State, FL, and MS from the University of Alabama. She has been with Freddie Mac for 20 years, serving many divisions across the firm, and is currently Vice President

Business Management and Strategy for the Multifamily Division, where she has developed programs encouraging mentoring and women's leadership issues. She previously served on the board of directors of WEAVE, a non-profit supporting women in their fight against domestic violence. Cyndi's husband, Ed, works at Sybase 365, and both their children are in college – their daughter is a PhD student at the University of Central Florida (studying sociology with a specialty on the study of domestic violence) and their son will graduate from VA Tech this spring with a degree in computer engineering. Cyndi says she is "excited to bring her passion and commitment to the AAUW board."

Treasurer: Nancy Thompson



Nancy graduated from the University of Michigan with a degree in chemistry, then attended Massachusetts Institute of Technology as a graduate student in biochemistry. After working at Tufts Medical School for two years, she became interested in computers and decided that was the field she really wanted

to work in. She worked for Stone and Webster Engineering Corporation, System Development Corporation (now part of Unisys) and CSC as a software engineer and database administrator. Nancy retired in 2000. She previously served two two-year terms as branch treasurer and one year as secretary. Her two sons, one in Blacksburg and one in Ashburn, are married and Nancy has two grandchildren. She enjoys travel, line dancing, computers, Zumba, and reading.

Our other branch executive board officers – Co-President Stephanie Abbott, Co-Vice President for Programs Marypat Sampson, Co-Vice Presidents for Membership Karen Werner and Shirley Schulz, and Secretary Carolyn Odio – were elected to two-year terms last year.

Members of this year's nominating committee were Marilyn Silvey, chair; Gail Osberg, Shirley Schulz, Roberta Sherman, Carol Van Evera and Karen Werner.

Membership Report

Shirley Schulz schulzshirley@hotmail.com 703/476-0029
 Karen Werner kewerner@comcast.net 703/716-7360

Please welcome our new member, Ellen Rugel, and our returning member, Dimitrina Doutcheva. We are delighted they have joined us and look forward to getting to know them at upcoming meetings and events.

Please continue to invite new, old and prospective members to our branch meetings and activities. You will recognize our new members at branch meetings by the gold star on their name tags. Please join us in welcoming them.

Half-Year Dues Deadline is March 15. New members can join for \$47.50. This covers half year (Jan 1 – June 30) membership. Please make checks payable to AAUW Reston-Herndon Area Branch and mail to Shirley Schulz, AAUW Membership, 3118 Nestlewood Drive, Herndon, VA 20171.

AAUW membership is open to anyone with an AA degree or higher and a commitment of advancing equity for women and girls through advocacy, education and research. We have both women and men members.

New Member Profiles

Shirley Schulz schulzshirley@hotmail.com 703/476-0029
 Karen Werner kewerner@comcast.net 703/716-7360

Ellen Rugel
ellenrugel@aol.com

Ellen is originally from the Philadelphia area but has lived in Virginia since 1970. She attended Pennsylvania State University, receiving a BA with a major in English, then attended graduate school at Florida State and completed an M.S. in education, with an emphasis on reading. Ellen taught reading for a year at an elementary school in Wakulla County, Florida, and then returned for one year to Philadelphia, where her oldest son Adam was born. He is now living in San Francisco and is in the internet travel business. Her second son, Michael, was born in Blacksburg, VA, where her family lived for four years while her husband taught at Virginia Tech. Michael is currently a collections manager at a small museum in D.C.

Ellen's family moved to Reston in 1975, and in 1978 she began teaching English at South Lakes High School. When Langston Hughes opened in 1980, she joined the contingent from South Lakes that went over to the intermediate school. After fifteen years of teaching eighth grade, Ellen transferred to Langley High School in 1993, where her primary teaching responsibility was freshman English. Ellen retired in 2008, after fifteen years at Langley and a total of thirty very satisfying years with Fairfax County Public Schools.

She continues to substitute at Langley. In addition, she has taken over as office manager for her husband's

clinical psychology practice, and it's been quite an education learning to deal with the health insurance companies. Ellen is delighted to finally have time to pursue her love of reading and is eager for the spring when she can get outdoors and work in her garden. She volunteered in the Visitors Center at Meadowlark Regional Park last summer and fall and hopes to resume that when the warm weather returns.

Ellen has always respected the political work of AAUW and is delighted to have the time to get involved with the organization now as she figures out her new life as a retired person. She plans to participate in the book group and has just begun to serve as a mentor for a sixth grader at Forest Edge.

Dimitrina Doutcheva
divas@hotmail.com
 703.707.2023

Dimitrina Doutcheva is native Bulgarian who has lived in Reston for 10 years. She began her career at National Association of Home Builders as a reporting analyst where she established herself as primary business intelligence resource for the association. Since 2005 she is Corporate Systems Data Architect for Stanley Associates where she leads data warehousing and business intelligence projects as well as internal IT audit management for the company. Since her early years in the USA she has been devoted to many non-profit projects with Women in Technology and Theater Boosters. She is a proud parent of one daughter who is South Lakes High School IB program student.

New Members to 2009-2010:	
For your convenience, here is an up-to-date list of contact information for our new (2009-2010 FY) Branch members. Please cut out the squares to the right and affix them into your Branch Directory to ensure it is complete and up to date. Thanks!	Ellen Rugel ellenrugel@aol.com
	Dimitrina Doutcheva divas@hotmail.com 703.707.2023
	Lucia Jenkins lujenkins@networkalliance.net 703.926.8379
	Karen Singer 10800 Midsummer Drive Reston, VA 20191 prof803@comcast.net 703.264.8875
	Linda Walker 1402 Hemingway Court Reston VA 20194 LindaLibra3@verizon.net ; 703.709.8599
Lydia Rice lydiarice@hotmail.com 571.926.9080	

◆ **Board of Directors 2009-2010** ◆
AAUW Reston-Herndon Branch

Co-Presidents

Carol Hurlburt schurlburt@verizon.net 703/264-9054
 Stephanie Abbott syabbott@verizon.net 703/476-4513

Co-Program VPs

Carol Van Evera cvanevera@cox.net 703/759-5543
 Marypat Sampson mpsampson@aol.com 703-437-6950

Membership Co-chairs

Shirley Schulz schulzshirley@hotmail.com 703/476-0029
 Karen Werner kewerner@comcast.net 703/716-7360

Treasurer

Beatrice Malone bmalone1ara@yahoo.com 571/292-0048

Secretary

Carolyn Odio carolyn@odio.com 703/471-7925

Book Group Coordinator

Abbie Edwards abbiedward@aol.com 703/476-0997

Cultural/Diversity

Hale Ament hale7075@gmail.com 703/264-0845

Directory

Nancy Thompson nancy.e.thompson@comcast.net 703/743-1064
 Susan Merk sbmerk@comcast.net 703/437-4386

Educational Equity

Fran Lovaas franlovaas@comcast.net 703/318-9628
 Gail Parsons gailiff@rstarmail.com 703/915-1893
 Mary Zane mpz_06@verizon.net 703/ 860-1071

Gourmet Group

Maureen Dwyer mxdwyer@gmail.com 703/593-0450

Hospitality

Suzanne Cook suzannecook@verizon.net 703/860-4303

Newsletter

Felicia Strickland AAUWnewsletter@hotmail.com N/A

Publicity

John Lovaas johnlovaas@aol.com 703/318-9628

Adopt A Spot

Fran Lovaas franlovaas@comcast.net 703/318-9628

Historian

Marilyn Silvey marilysilvey@comcast.net 703/860-5141

■ **GEMS Conference – March 13th, 2010**

Fran Lovaas franlovaas@comcast.net 703/318-9628

Our annual Girls Excelling in Math and Science Conference will be on Saturday morning, **March 13th from 7:30 to 12:30** at Dogwood Elementary School. This will be our 19th year of participation in GEMS. The goal of the Conference is to provide 5th and 6th grade girls with the incentive to continue their studies in the fields of math, science and technology as they enter middle school and beyond. We are again looking forward to joining Dogwood School and Lockheed Martin (the school's corporate sponsor) in making this year's Conference another big success.



Students participating in a 2009 GEMS workshop.

Our Branch of AAUW provides the volunteers (25 last year) to make the Conference work. We make student reminder calls, provide presenters, fill student folders, put together a light breakfast for the presenters and volunteers, register all of the students, help the flow of traffic in the halls and aid in the workshops. You, too, can be a part of this very worthwhile and exciting event. Please call Fran Lovaas at (703)318-9628 or e-mail franlovaas@comcast.net if you would like more information.

Branch Board Considers Online Dues Payment Program

Virginia has opted to participate in AAUW's Membership Pilot Program, and the branch board is considering whether to participate. The program permits, but would not require, members to go to the AAUW website and renew membership with a personal credit card using the Member Services Database.

The online renewal would include payment for branch, state and national dues, with branch dues being delivered directly to the branch's bank account by wire transfer. Members who chose not to use the online renewal program could continue to pay dues by check to the branch treasurer.

A straw poll taken at the February board meeting showed that many board members present would use the online option if it was available. We are now interested in learning what you think. Please email Carol Hurlburt (schurlburt@verizon.net) or Stephanie Abbott (syabbott@verizon.net) and let us know your preference for dues payment for the 2010-2011 membership year.

(State Convention...continued from page 1)

convention activities. April 2 is also the deadline for room reservations at the guaranteed rate of \$75 plus tax.

State Convention Delegates Needed

The Reston-Herndon branch is entitled to four voting delegates and four alternates at the state convention April 23-25. If you are planning to attend the convention and would like to serve, please contact Carol Hurlburt at 703-264-9054 or email schurlburt@verizon.net. A slate of delegates and alternates will be elected at the annual branch luncheon and business meeting March 20.

State Convention LAF Raffle Basket Collection



The state convention April 23-25 will feature the annual basket raffle to raise funds for the Legal Advocacy Fund. The Reston-Herndon branch's wine and chocolate basket was highly successful last year, and the board has approved donation of a similar basket this year. Contributions to

the basket can be brought to the luncheon on March 20 or dropped off at Carol Hurlburt's house, 2102 Owls Cove Lane, anytime before the convention. Use your imagination – any items relating to wine and chocolate, including books, music and of course edibles and drinkables. Thanks in advance for your support of this project.



Book Group

Abbie Edwards abbiedward@aol.com 703/476-0997

All meetings are held on the 4th Thursday of each month beginning at 7:30 PM except for the following: there is no meeting in November. In December, the meeting is on the first Thursday of the month. September is our 'special kick off meeting of the new season' with a pot luck dinner. At this meeting we meet at 6:30 PM. All meetings are held in member's homes.

March 25:

The Help By Kathryn Stockett (fiction)
Facilitator: Linda Walker
Hostess: Carol Ward, 1867 Post Oak Trail 20191; 703-860-5664

What perfect timing for this optimistic, uplifting debut novel (and maiden publication of Amy Einhorn's new imprint) set during the nascent civil rights movement in Jackson, Miss., where black women were trusted to raise white children but not to polish the household silver. Eugenia Skeeter Phelan is just home from college in 1962, and, anxious to become a writer, is advised to hone her chops by writing about what disturbs you. The budding social activist begins to collect the stories of the black women on whom the country club sets relies and mistrusts enlisting the help of Aibileen, a maid who's raised 17 children, and Aibileen's best friend Minny, who's found herself unemployed more than a few times after mouthing off to her white employers. The book Skeeter puts together based on their stories is scathing and shocking, bringing pride and hope to the black community, while giving Skeeter the courage to break down her personal boundaries and pursue her dreams. Assured and layered, full of heart and history, this one has bestseller written all over it.

April 22:

Outliers by Malcolm Gladwell (nonfiction)
Facilitator: Linda Walker
Hostess: Hale Ament, 12011 Whip Road Reston, VA 20191; 703-264-0845

Outliers begins with a provocative look at why certain five-year-old boys enjoy an advantage in ice hockey, and how these advantages accumulate over time. We learn what Bill Gates, the Beatles and Mozart had in common: along with talent and ambition, each enjoyed an unusual opportunity to intensively cultivate a skill that allowed them to rise above their peers. A detailed investigation of the unique culture and skills of Eastern European Jewish immigrants persuasively explains their rise in 20th-century New York, first in the garment trade and then in the legal profession. Through case studies ranging from Canadian junior hockey champions to the robber barons of the Gilded Age, from Asian math whizzes to software entrepreneurs to the rise of his own family in Jamaica, Gladwell tears down the myth of individual merit to explore how culture, circumstance, timing, birth and luck account for success—and how historical legacies can hold others back despite ample individual gifts.

May 27:

Freakonomics A Rogue Economist Explores the Hidden Side of Everything by Steven D. Levitt and Stephen J. Dubner (nonfiction)
Facilitator: Judi Orloff
Hostess: Marion Stillson -11286 Spyglass Cove Ln., 20191

June 24:

Cutting for Stone by Abraham Verghese (fiction)
Facilitator: Gail Osberg, facilitator
Hostess: Abbie Edwards, 11701 Blue Smoke Trail 20191; 703-476-0997

All reviews by Amazon.com

◆ Calendar of Events: 2010 ◆ AAUW Reston-Herndon Branch

March, 2010

- 1 Branch Board Meeting
- 6 Uplands Recreation Area, Reston
Springfield-Annandale Branch: Spring
Fling, 11 AM – 2 PM, Country Club of
Fairfax
- 13 GEMS Conference at Dogwood
- 16 Third Tuesday Tape Group, 10 AM
- 20 Annual Business Luncheon with
Election of Officers, 11:30 AM – 1:30
PM, Speaker: Kim Bohince, AAUW
Fellow; Café Monmartre (1625
Washington Plaza North, Reston)
- 21 Gourmet Group Planning Meeting, 4:30
PM, 10323 Eclipse Lane, Great Falls,
(703-759-7244)
- 25 Book Group, 7:30 PM, *The Help*,
Location: 1867 Post Oak Trail 20191
- 27 Adopt A Spot Cleanup, 2 – 4 PM;

April, 2010

- 1 Branch Newsletter Deadline
- 5 Branch Board Meeting
- 10 Cultural/Diversity- Target date:
Shenandoah Valley Museum trip
- 13 Cultural/Diversity- Back up date:
Shenandoah Valley Museum trip
- 17 Gourmet Group Dinner
- 18 Equal Pay Day
- 20 Tuesday Tape Group, 10 AM
- 22 Book Group, 7:30 PM, *Outliers*,
Location: 12011 Whip Road
Reston, VA 20191
- 23-25 AAUW of Virginia State Convention
Hyatt Fair Lakes, Fairfax, Virginia
- 29 Branch Newsletter Deadline

May, 2010

- 3 Branch Board Meeting
- 18 Tuesday Tape Group, 10 AM
- 20 Branch Meeting, Legislative Update,
7 – 9 PM, Location: TBD
- 27 Book Group, 7:30 PM, *Freakonomics*,
Location: 11286 Spyglass Cove Ln.,
20191

June, 2010

- 2 Branch Newsletter Deadline
- 3-5 AAUW & NASPA: 2010 National
Conference for College Women Student
Leaders; U of MD, College Park, MD
- 7 Branch Board Meeting
- 15 Tuesday Tape Group, 10 AM
- 17 Annual Branch Picnic, 6 PM – 9 PM,
Location TBD
- 24 Book Group, 7:30 PM, *Cutting for Stone*,
Location: 11701 Blue Smoke Trail

■ Tuesday Tape Group

Roberta Sherman shermansr1@aol.com 703/860-3943

We invite you to join the next tape group discussion as we listen to two lectures on **March 16**. The first one will be on How Your Brain Works and the second on the World's First Languages. The group will be meeting at the home of Judi Ornoff, 2213 Burgee Court in Reston at ten a.m., 703-860-8814. We will complete our discussion by noon. Join us for a morning of intellectual stimulation and social networking. See you there

■ National Convention - Save the Date

Carol Hurlburt schurlburt@verizon.net 703/264-9054

The next national AAUW convention will be held **June 16-19, 2011** at the Renaissance Hotel, 8th and Massachusetts Avenues NW in Washington, with state organizations and branches from Virginia, West Virginia, Maryland, Delaware and the District of Columbia represented on the host committee. Theresa Merkel, Virginia state president from 2002-2004, will be Virginia's volunteer on the committee. The convention will feature AAUW's new one member one vote system in place of elected delegates and is expected to attract 1,500 participants. The convention will be issues based and will be used as an outreach tool to build membership.

■ Cultural Diversity

Hale Ament hale7075@gmail.com 703/264-0845

JOIN WITH OTHER MEMBERS: Museum, House and Garden Tour

April 10, Sat. (targeted date), or **April 13**, Tues. (back-up): Plan ahead. Join an outing to Winchester to the Museum of the Shenandoah Valley/Glen Burnie Historic House and Gardens. There is much to see, hear, and stroll (garden) covering the early settlement of the Shenandoah Valley at the museum and nearby fine house (affluent owners) with an early 1790s house core. From surveyor, George Washington, to stoneware artisans, to Julian Wood Glass, Jr., last owner, there is plenty of history and culture – you may choose all or just a part. Go to Wikipedia or to the museum web-site for more details. Site includes a tea room with affordable lunch/refreshments. Date: **Saturday, April 10**, depart Reston 10:00 AM Back-up Date: **Tuesday, April 13**, depart Reston 9:30 AM (This second date will be planned if not enough members respond to the former and request this one – R.S.V.P to Hale by March 21 in either case). Ticket prices are: A-\$12, S-\$10. [Payable that day] Transportation by carpool – a volunteer or so needed.

■ Mentoring Program “One Girl at a Time”

Gail Parsons gailiff@rstarmail.com 703/915-1893
Mary Zane mpz_06@verizon.net 703/ 860-1071

MENTOR PROGRAMS: Langston Hughes MS & Forest Edge ES

Snow, snow, snow and lots of lost school days prevailed in February. At our mentor mid-year meeting in February, we were fortunate to have the 6th grade science teacher brief us on the upcoming Science Fair at Forest Edge. He offered tactical steps on how mentors could help their respective students with the process of a scientific experiment.

The Fair is a school-wide project in which all grades participate. 6th graders must work independently and all materials must be computer generated. 5th graders and below can work in small teams if teacher approved.

Planning and organizing skills are our focus. It has been wonderful to observe “experiments” in the making at our weekly sessions. Some of the students are working as teams and the learning experiences have been enhanced by a lot of giggles and camaraderie.

We are going to hold a “dress rehearsal” in March in an effort to help our mentees get ready for their “official” readout due in late March.

As always, we ask our members to consider becoming part of our program either as a regular or substitute mentor and to encourage colleagues and family members to do the same

Please contact Gail Parsons (gailiff@rstarmail.com) or Mary Zane (mpz_06@verizon.net).

NEWSLETTER EDITOR

After three years as a dedicated, enthusiastic newsletter editor, Felicia Strickland will be giving up that position in our coming business year that starts July 1. She has done a terrific job, as I’m sure all of you readers will agree. Now we need another volunteer to take on this very important task. If you have an interest, even if you have not had experience in creating newsletters, please contact me at syabbott@verizon.net.

Fundraise by Grocery Shopping!

Register your Safeway card with Escrip.com, and a percentage of your transaction amount is donated to our branch! Please send Sue Merk (sbmerk@comcast.net) your 11-digit Safeway Card number to participate.

Invitation: Reston 2020 Committee

The Reston 2020 Committee is a committee of the Reston Citizens Association, which monitors land use planning in Reston. Currently, the Committee is monitoring the Task Force of the Reston Master Plan Special Study. We are forming unofficial working groups in these areas:

- Transportation;
- Environment;
- Parks, Recreation and Public Facilities;
- Residential and Urban Design, and Livability.

The groups will meet at least once a month for the next year and will make provide the official Task Force with their views. If Reston residents are interested, contact: Dick Stillson
Co-Chair, RCA’s Reston 2020 Committee
E-mail: rts@point0.net

Submitted by Marion Stillson, AAUW member

Lifelong Learning Program

Greetings Branch Members! For your reference, we are sharing some helpful contact information that was included on last month’s program on lifelong learning:

Exploritas (formerly Elderhostel) which also has inter-generational programs

Website: www.exploritas.org

Telephone: 877-426-8056

Osher Lifelong Learning Institute at George Mason University

Website: www.oli.gmu.edu

Telephone: 703-503-3384

Email: oli@gmu.edu

Zegrahm Expeditions, Inc. (Better for the less mobile person)

Website: www.zeco.com

Telephone: 800-628-8747

Email: info@zeco.com

NOVA has free tuition for senior citizens on space available basis

Website: <http://www.nvcc.edu/future-students/enroll-for-classes/senior-citizens/>

Fundraise by Recycling Used Toner!

Think win / win and bring your used toner cartridges with you to Branch meetings and events. The Board will turn those cartridges into funds for our Branch via the Escrip program!

■ Gourmet Group

Maureen Dwyer mxdwyer@gmail.com 703/593-0450

Two tables of happily satisfied Julia Child experimenters dined Feb. 20 with the consensus being there was a reason it took her 10 years to write the cookbook. Hats off to Julia and all those who took the time to cook the French way.

Our next dinner will be **April 17** and will feature heart healthy, spring growing, absolutely fabulous dishes that (don't tell your husband) don't include meat. There is an amazing wealth of delicious eating (Indian, etc.) that utilizes pasta, grains, spices, beans, fruits and vegetables.

The planning meeting will be **Sunday, March 21 at 4:30 PM** at 10323 Eclipse Lane, Great Falls, (703-759-7244), the end of Lent and first day of spring to set the mood.

Advertisizing with AAUW

Did you know...
The Reston-Herndon AAUW accepts
business-card size ads
in its monthly newsletter at
only \$5 per issue!

We are in need of more advertisers. When you visit merchants, please take along a copy of our newsletter and ask them to place an ad. It is an inexpensive way to reach our mailing list throughout the year and also provides internet exposure. Details of AAUW's Ad Policy is available on our website at <http://seiz2day.com/aauw/newsletters.htm>

■ Adopt A Spot

Date Changed to March 27th

Fran Lovaas franlovaas@comcast.net 703/318-9628



Time for Spring clean-up! We are asking our AAUW volunteers to meet at the Uplands Recreation area on **Saturday, March 27th from 2:00 to 4:00** (this is a date change from the February one because of the Branch meeting and weather conditions). If you have

questions about the location, please call me at 703/318-9628. We will be cleaning up the pathway that passes Forest Edge School (where we do our tutoring/mentoring) to just beyond the overpass crossing Wiehle Avenue (where the Reston Association path ends). This is a very important project and it has several benefits. Not only does it help the environment, it also provides exercise for the participants and gives them that upbeat, "righteous" feeling that comes with volunteering for a worthy cause. Remember, much of the trash that is not cleaned up flows into our streambeds and local watersheds. Call or e-mail Fran Lovaas (franlovaas@comcast.net) if you would like more information about this project.

Fundraise by Shopping Online

Simply start your online shopping at this website: <http://seiz2day.com/AAUWfundraiser.htm> and click on the links to your favorite shopping sites & our branch will receive a percentage donation of your online purchases!

“HALF THE SKY” FILM EVENT MARCH 4, 2010

“Half the Sky,” a one-night film event inspired by stories from the best-selling book of the same name, will take place on Thursday, March 4, at 7:30 p.m. at theaters across the country including the Fairfax Towne Center, 4110 W. Ox Road, Fairfax, and AMC Tyson’s Corner 16. Ticket prices are \$12.50. Sponsors of the event are the CARE humanitarian organization and NCM Fathom, a film entertainment company.

This book was highly recommended by Diane Kelly, State Department senior policy advisor for the Office of Global Women’s Issues, when she spoke at our joint branch meeting with the Vienna Branch last fall. Authored by journalists Nicholas Kristof and Sheryl WuDunn, the book gives chilling accounts of three major problems facing women: sex trafficking, maternal mortality and violence against women. It also includes stories of abused women who have overcome their pasts and are doing well, often as entrepreneurs, with assistance from various organizations.

The March 4 event, taped in New York City last month, will feature musical performances and the premiere of “Woinshet,” a short film about an Ethiopian girl who fought against local traditions of rape and forced marriage and ultimately triumphed.

For more information, see www.halftheskylive.com.